

SUMMER



2023

4-H SUMMER FUN



OPPORTUNITIES & WORKSHOPS

BURKE COUNTY 4-H

130 AMMONS DRIVE

MORGANTON, NORTH CAROLINA

1-828-764-9480

burke.ces.ncsu.edu



BURKE COUNTY CENTER



Cooperative Extension's
Youth Development Program

N. C. Cooperative Extension is an Equal Opportunity Provider.



JUNE



4-H District Activity Day

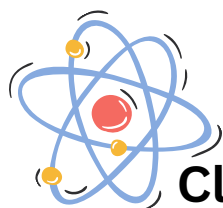
June 16

Who: Burke 4-H'ers age 5-19

4-H'ers from our 22 West District counties will meet in Rutherford County on Friday June 16, 2023 to compete in demonstrations, presentations, public speaking and 4-H Entertains. Youth must first compete on the county level (County Activity Day held May 23). Winners from the 4-H West District will move on to the state level competitions held in Raleigh at NC State University on Saturday July 22.

Where: Chase High School, Rutherford County

Open to public for viewing, come support Burke 4-H



Cloverbud Day

June 12

Let the little ones enjoy some hands-on STEM activities and see how Science is FUN! Little hands will enjoy creating and engineering through science experiments. Messy Fun! Youth may pack a snack, snack will be provided.

Who: Ages 5-8 Where: Burke Agricultural Building \$10 Time: 9am-12noon

Electri-city!

June 13

What makes it work? Electricity! Learn the basics of circuits and soldering. Youth will get to use hands-on training to learn about circuitry, led lights, conductive copper tape, circuit boards, soldering irons, and home energy & safety.

Who: Ages 9- 18 Where: Burke Agricultural Building \$20 Time: 9am-2pm, bring packed lunch.



Auto Maintenance

June 20

Join a couple of our 4-H leaders in learning basic care and maintenance for automobiles. Youth will get hands-on training and experience with checking fluids, checking tire pressure and changing a tire, along with visual knowledge of engine components, reading dashboard information and more. Get your own tire gauge and car wash kit!

Who: Ages 14-18 Where: Burke Agricultural Building \$15 Time: 9am-3pm, bring packed lunch and wear closed toed shoes



4-H Camp

June 18-23

Burke County 4-H will travel to the Eastern 4-H Conference Center in Columbia, NC, for a 5 night stay June 18-23. This 4-H Camping experience is for youth ages 8-14. The Eastern 4-H Center is located on beautiful Bulls Bay of the Albemarle Sound in the north eastern coastal plain of NC. Unique program offerings include a focus on coastal ecology, shooting sports, sailing, and offsite camping trips for older campers. Spaces are full with a waitlist.

Follow us for next year's camp signups beginning in December 2023.

4-H Backpack Babysitter

June 27-30

Get the skills and training you need to become a top notch babysitter that everyone will want to hire. These skills will last you a lifetime. During this 4-day camp you will learn CPR, First Aid, some of the Ages & Stages of child development and what is appropriate play and behavior. You will leave with the ability to market yourself as a qualified babysitter and develop entrepreneurship skills. Includes parent night out evening babysitting session.

Who: youth ages 12-19 Where: Burke Extension office Costs: ~~\$200.00~~ 9am - 4pm Pack a lunch each day, snack provided

Thanks to The Community Foundation of Burke County, this class is now FREE. .

*Limited Spaces



COMMUNITY FOUNDATION
of Burke County



JULY



State 4-H Horse Show July 5-9, Raleigh NC

The 2023 NC State 4-H Horse Show is scheduled for July 5-9, 2023, at the James B. Hunt, Jr., Horse Complex on the North Carolina State Fairgrounds. The show is one of several educational activities offered through the North Carolina 4-H Horse Program. The success of the State 4-H Horse Show annually helps to boost 4-H Horse Project numbers in North Carolina. Program activities are designed to use the horse as an educational tool to develop youth leadership abilities, build character, and assume citizenship responsibilities. The State Horse Show provides dedicated, hard-working youth with an opportunity to demonstrate their horsemanship and stable management skills while promoting good sportsmanship in a friendly, competitive atmosphere. **For more information:** <https://equinehusbandry.ces.ncsu.edu/equinehusbandry-nc-4-h-horse-program/>



Let's BUILD July 10

Youth will have the opportunity to use creative & critical thinking during hands-on activities. They will use the scientific process to engineer structures during various challenges. Using building blocks, participants will engage in independent and team problem solving adventures.

Who: Ages 5-13 Where: Burke Agricultural Building \$15 Time: 1-4pm Snack will be provided



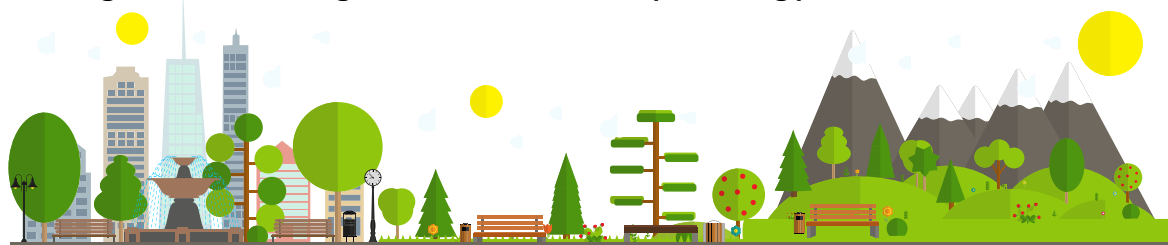
4-H Electric Congress July 11-13, Wilmington NC

Eligible Burke County 4-Hers (ages 14-18) will attend and participate in statewide Science & Electric teen-leadership workshops, electric project lessons, award recognition and social networking at UNC Wilmington. **See agent for details for you to attend next year!**

My Town July 17- 20

Teen Youth will learn to engage in our community through government and community discovery, entrepreneurship skills, money & time management, and networking! This class will include travel around the county and personal skill building activities to prepare for the real world within their own mini-society.

Who: Ages 14-18 Where: Burke Agricultural Building \$75 Time: 9am-4pm Bring packed lunch (unless noted after registration)



4-H State Congress July 22-25, Raleigh NC

Eligible Burke County 4-Hers (ages 13-18) will attend and participate in statewide teen-leadership workshops, community service, and social networking at NCSU in Raleigh, NC. State 4-H Presentation contest will be on Saturday July 22, 8am-3pm. **See agent for details.**



N. C. Cooperative Extension is an Equal Opportunity Provider.

4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.





AUGUST



Homestead Camp

August 1-4

Who: Ages 9-18 **Where:** Burke Agricultural Building **\$100** **Time:** 9am-4pm **bring packed lunch (unless noted otherwise after registration)**

What says "life skills" more than "homesteading"? Youth can learn through hands on experiences, the basics of homesteading. Teaching our children age-old traditions and skills from a young age can help them become contributing members of any household. They will be a huge asset to the family and their surrounding community when they are older. This camp will include travel to Old Salem, Biltmore House and many fun-farm-finds along the way.

4-H2O Camp

August 7-11

Who: Ages 12-18 **Where:** Burke Agricultural Building **\$150** **Time:** 9am-4pm, except 2 night overnight camp

You will get wet! We will enjoy canoe/kayaking, a white water rafting trip down the french broad river, swimming and a 2 NIGHT camping trip. Transportation will be provided and participants must bring a packed lunch Monday - Wednesday, and money for lunch on Friday for return trip. Wednesday supper, Thursday meals and Friday breakfast provided. A daily list of attire and camp packing list will be provided after registration.

Discovery Day

August 16
10-11:30am

4-H Discovery Day is a monthly STEM workshop designed to support homeschool Science lessons and support the curiosity of youth with hands-on activities. Guardians are encouraged to stay and participate with youth. Unattended youth MUST be registered in 4-H Online prior to workshop. This workshop is FREE. Participants must sign up with our office.



FAIR Make & Take

Youth will make items that can be entered in our local county fairs as Exhibit Entries..

August 16 Ages 5-7 1pm-3pm \$15 Snack is provided.

August 17 Ages 8-12 9am-4pm \$20 Pack a lunch

August 18 Ages 13-18 9am-4pm \$20 Pack a lunch

Drexel Community Fair Info:

Fair dates: August 21-26

August 19 Booth Set-Up; August 27 Take Down
August 20 Enter Exhibit Entries; Aug. 27 Pick Up
August 22 4-H Livestock Show



2023 Burke County 4-H Summer Fun Program

4-H Summer Fun is sponsored by North Carolina Cooperative Extension and provides day camps and workshops to encourage youth to learn new things, develop new skills, and explore new interest. Programs are taught and supervised by N.C. Cooperative Extension staff and 4-H & Community volunteers. If you have questions about any of the activities, call 828-764-9480. Classes are held at the Burke Agricultural Building in Morganton unless otherwise specified. Trips depart from the same location unless otherwise specified.

Child's Name: _____

D.O.B _____ Age _____

Parents/Guardian Name: _____

Phone: _____

Allergies: _____

Date	Age	CAMP/WORKSHOP	Time	Cost	X
June 12	5 - 8	Cloverbud Day	9am - 12pm	\$10	
June 13	9-18	Electri-city!	9am - 2pm	\$20	
June 20	14-18	Auto Maintenance	9am - 3pm	\$15	
June 27-30	12-19	4-H Backpack Babysitter REVISED	9am - 4pm	FREE	
July 10	5-13	Let's Build Legos	1pm - 4pm	\$15	
July 17-20	14-18	My Town	9am - 4pm	\$75	
August 1-4	9-18	Homestead Camp	9am - 4pm	\$100	
August 7-11	12-18	4-H2O Camp	9am - 4pm	\$150	
August 16	5-7	Fair Make & Take (Age 5-7)	1pm-3pm	\$15	
August 17	8-12	Fair Make & Take (Age 8-12)	9am - 4pm	\$15	
August 18	13-18	Fair Make & Take (13-18)	9am - 4pm	\$15	

Prepaid registration is required for each participant to reserve class space. Classes may be cancelled if minimum registration is not reached. Refunds will only be made if class is canceled due to low registration or weather cancellations. Class size is limited and on a first-come basis.

Each participant must complete 4-H enrollment/health information/consents at <https://v2.4honline.com>

Make checks payable to: Burke County 4-H. Mail completed registration and payment to: 130 Ammons Drive, Suite 2, Morganton, NC 28655. This enrollment must be complete prior to first camp, class or workshop.

Date Paid		Subtotal	
		Registration Fee	
Cash			10.00
Check		Total Due	\$

Office use

